

**“Success is not final,
failure is not fatal.
It is the courage to
continue that counts.”**

— Winston Churchill



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**Mission Strength ...
Resiliency ...
Healing ...**



*An Inpatient Treatment
Program for Service Members
and Veterans*



Treating the Mind, Body & Spirit

We offer an intensive dual-track treatment program for military service members and veterans who have experienced trauma and are in need of detoxification and/or substance abuse rehabilitation. At its foundation, the program provides intensive trauma-focused multi-disciplinary treatment (psychotherapy, nursing, psychiatric and spiritual) with the goal to improve patients' overall resiliency. Holistic in nature, we attend to the needs of the whole self — the mind, the body and the spirit — and provide services that enhance the mind, strengthen the body and empower the spirit.

In addition, the program is mindful of the importance of family involvement in the healing, recovery, and transitional processes and includes a family component referred to as Ohana Nui (The big family).

To implement our care, the program primarily utilizes Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Eye Movement Desensitization and Reprocessing (EMDR) and the 12-step model. In addition, the program will also include specific curricula in the milieu (therapeutic community): Dialectical Behavior Therapy skills groups, Seeking Safety, AA/NA, Mind Over Mood and a spirituality curriculum.

We recognize that trauma recovery occurs through adaptive, transitional phases (stabilization, trauma processing and reintegration).

Therefore, our psychoeducational classes, recreational therapy activities and processing groups are designed whereby information builds upon earlier modules and cognitive processing is progressive in nature. The program also recognizes that the core of the healing process lies within resiliency traits and achievement of personal values and focuses on developing those areas in each patient.

TREATMENT TEAM MEMBERS CAN INCLUDE:

- ★ Independent psychiatrists, psychologists and medical doctors
- ★ Clinical therapists
- ★ Nurses
- ★ Military clinical care coordinators
- ★ Dietitians
- ★ Certified recreation therapists
- ★ Intake coordinators

SERVICES OFFERED:

- ★ Assessment
- ★ Individual, family and group therapy
- ★ Recreation and activity therapy
- ★ Milieu therapy
- ★ Family support/education classes
- ★ Psychological testing
- ★ Medical care and detoxification
- ★ 24-hour nursing care
- ★ Medication management
- ★ Dietary service and nutrition classes
- ★ Care coordination and discharge planning