

SERVICE MEMBER PACKING LIST

We are dedicated to providing safety first and are committed to your needs in an effective, efficient and gracious manner that leads to your overall satisfaction. We will ensure the safety of all patients and staff by defining what items are permissible in the program, what items require staff supervision and what items are prohibited. Room and personal search policies are in place to ensure the safety of all involved.

MEDICATIONS: The Chris Kyle Patriots Hospital is equipped with an internal pharmacy. Please do not bring any prescription or over the counter medications. **PLEASE BRING:** List of current medications.

PLEASE BRING:

- 6-7 Days worth of civilian clothes (Belts are permitted only during off-campus outing)
- Jacket or sweater (unit can be cold at times)
- Basic Hygiene supplies (alcohol free and no mirrors/glass)
- Limited cash /credit card
- MP3 player (no recording device)
- List of important phone numbers
- MD/Case Mgr/Therapist contact info
- Slip on shoes without laces for the unit. Running shoes for PT (hospital laces will be provided)
- PT Gear (civilian or military)
- Flip-Flops, shower shoes
- House slippers
- Your own bedding if you prefer, but it is provided
- Tobacco (if used – enough for length of stay)
- Medical medications
- Medical equipment (e.g. CPAP, walkers, hearing aids, eye glasses)
- Shower shoes and or personal shower mats.

PLEASE DO NOT BRING:

- Items in glass containers (perfume, cologne)
- Weapons (includes Gerbers, knives, guns and ammunition)
- Batteries
- Belts/suspenders
- Cleaning fluids
- Clothing w/stings, drawstrings
- Inappropriate clothing (revealing or referencing drugs or alcohol)
- Keepsake items
- Expensive Jewelry
- Electronic devices with cameras are not permitted on the unit (cell phones, computers, MP3/iPod players, etc.)
- Compact discs: DVD's, movies
- Guitar, guitar strings
- Keys / Key chains
- Necklaces or Dog Tags
- Outside food or drink
- Aerosol cans/sprays
- Lighters, matches
- Hangers
- Scissors
- Safety pins/needles/push pins/tacks
- Steel-toed shoes
- Heeled shoes
- Shoe laces
- Mirrors/compacts
- Any product containing alcohol (including mouthwash and hand sanitizer)
- Toiletries
- Dental Floss
- Sharp pointed nail files
- Razors / blades of any kind
- Spiral notebooks
- Permanent or dry-erase markers
- White-Out / liquid paper, paperclips
- Aluminum cans

The following items may be used with direct staff supervision and must be kept in secure storage when not in use:

1. Hairstyling equipment with electrical cord.
2. Tweezers / nail clippers – may not be shared with others for infection control reasons.
3. Electric razors (Disposable razors may be used depending on your assigned level of care.)